



# Alumni Association of St. Joseph's College, Coonoor

St. Joseph's Boys' Higher Secondary School, Coonoor - 643 102, The Nilgiris.

Dear Sir / Madam / Brother / Sister,

Greetings and well wishes from the Alumni Association of St. Joseph's College, Coonoor.

We are in the process of getting back on track after the covid break. To foster this and as part of the activities conducted by us, we have decided to conduct the Inter School Marathon, namely the "RUN.A THON 2023" for students of classes VIII to XII, on the 8<sup>th</sup> of October 2023 at 8.30a.m. from ST. Joseph's College campus.

There will be 3 categories: Boys, girls and open

Each school is permitted a total of 15 participants with an entry fee of Rs. 50/- per participant. 2 staff members may accompany the participants.

The prize money involved is quite attractive - First prize Rs. 10,000/-, Second Rs. 7,000/- and third Rs. 5,000/- with those placed 4<sup>th</sup> to 10<sup>th</sup> receiving Rs. 1,000/- each with a certificate and medal. There will be a trophy for the overall winners in each category.

A list of participants with their full name, D.O.B and class (attested by the respective Principal) along with the entry fee must reach the Alumni office on or before 3rd October 2023.

In the open category the prizes will be Rs.7,000/-, Rs. 5,000/- and Rs. 3,000/- along with a certificate and medal. The entry fee per participant being Rs. 200/-.

For further details do feel free to contact the Programme Co-ordinator Mrs. Hazel Banerjee

Phone: 9442130493 / 9443524033

Email id: [hazelbanerjee@gmail.com](mailto:hazelbanerjee@gmail.com) / [alumniofsjc@gmail.com](mailto:alumniofsjc@gmail.com)

Payments may be made online / by cash / by cheque/ DD in favour of

Alumni association of St. Joseph's College Coonoor

South Indian Bank Coonoor

A/C 0121053000031634

IFSC : SIBL0000121

Cash payments may be made at the alumni office with prior intimation.

Details of payment to confirm your registration must be sent to

Mrs. H. Banerjee, Programme Co-ordinator, Alumni office of St. Joseph's College, St. Joseph's College, Coonoor 643102

Looking forward to your whole hearted participation for the success of the event.

Mrs. H. Banerjee  
Co-ordinator



Enclosure: Rules & regulations and route map

For Correspondence contact :

**Mrs. Hazel Banerjee**, Coordinator, Alumni Office, St. Joseph's Boys' Hr. Sec. School,  
Coonoor - 643 102, Nilgiris District. Mobile : 94421 30493, E-mail : [alumniofsjc@gmail.com](mailto:alumniofsjc@gmail.com)



# RUN – A – THON 2023, 8<sup>TH</sup> OCTOBER 2023

## RULES AND REGULATIONS

1. Entrants are required to abide by the race rules and marshal's directions.
2. Entrants must be under 18 years on the race day. The race will be held under SJC Athletics rules.
3. Chest numbers and tea coupons will be given to you.
4. All participants will report at SJC by 8.00 a.m. on the 8<sup>th</sup> of October 23 along with 2 staff members and a duplicate of the entry form.
5. The race organisers reserve the right to refuse or cancel applications including duplicate applications or alter the date of the event, the course or distance.
6. The organisers, sponsors, charities, suppliers or their agents will not be liable for any injury, loss or expenses which may arise in consequence of your participation in this event, save as to negligence.
7. There is a cut off time for the start.... if you arrive later than 8:20a.m. you will not be allowed to cross the start. No wheeled vehicles (prams, buggies or following cycles) allowed.
8. We strongly recommend that you do not race wearing headphones, for you need to be fully aware of the surroundings. Runners are required to give assistance to fallen runners and to report any casualties immediately to the nearest first aid post or race marshal.
9. Prize winners are permitted to receive only one prize. They will receive their awards at the victory stand. The staffs from the participating schools are to collect the certificates for the remaining participants from the organisers.
10. It is very important to wear your chest number clearly visible on the front of your running vest / t-shirt. Your number must not be altered in any way nor be covered by any clothing / tribelt.
11. Do not bend or fold your number.
12. In the event of any dispute, the decision of the Race Referee and Race Director shall be final.



ROUTE MAP 6.5 km.

